



FLEUR DE LIS SCHOOL
established in 1929

MENU

November 4-8, 2019

	AM SNACK	LUNCH	PM SNACK
Monday	Cereal & 1% Milk	Taquitos w/Cheese, Rice, Corn, Tomato Slice & 1% Milk	Goldfish Crackers & Raisins
Tuesday	Snack Mix & Fresh Fruit	Flatbread, Turkey Meat, Cheese Cubes, Hummus, Cucumber Slice, Apple Slice & 1% Milk	Rice Cakes & Fresh Fruit
Wednesday	Cream Cheese on Crackers w/Water	Chicken Nuggets, Noodles w/Olive Oil, Cooked Carrots, Cucumber, Mandarin Oranges & 1%	Wheat Crackers & String Cheese
Thursday	Soy Nut Butter on Crackers w/Water	Cheese Quesadilla, Rice, Peas, Carrot Sticks, Pear & 1% Milk	Graham Crackers & 100% Fruit Juice
Friday	Cheese Crackers & Fresh Fruit	Soy Nut Butter & Jelly Sandwich, Veggie Snack Sticks, Cheese Cubes, Celery & Carrot Sticks, Pudding & 1% Milk	Pretzels & Hummus